



## Feedback report SILNE project



Academisch Medisch Centrum  
Universiteit van Amsterdam

Amsterdam – 18 February 2014

Dear ...,

In fall 2013 your school participated in the SILNE project on smoking amongst young people. We would like to thank you again for your cooperation.

In this feedback report we would like to share the results from the student survey with you. First we give a brief explanation of the project and its aims. Second, a selection of graphs are presented with key results from the student survey. The comparison with other participating Dutch schools and schools from the other participating countries, offers you insight into where your school stands relative to other schools. In the last part of the report presents a table with the results for all the questions in the survey. The appendix contains the questionnaire on which the results provided are based.

We sincerely hope that this information can positively contribute to the school and its students. Should you have any questions on this report we will be happy to answer them.

With kind regards,



Mirte Kuipers  
On behalf of the Dutch SILNE team

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## 1. Informatie over het SILNE project

The European SILNE project examines how quitting smoking among adults can be promoted and smoking initiation among adolescents can be prevented. The main focus of the project is on contextual factors such as national smoking policies and school smoking policies, and the influence of social networks. SILNE is a cooperation of eleven universities from ten different countries across Europe. The project is coordinated by the AMC in Amsterdam and was funded by the European Commission.

The survey conducted at your school focused on the influence of the social network and the school environment on smoking. In addition to your school 49 schools from five other countries have participated in the study. This allows us to make international comparisons. Other participating countries were Belgium, Germany, Finland, Italy and Portugal. We have collected data from more than 11,000 students.

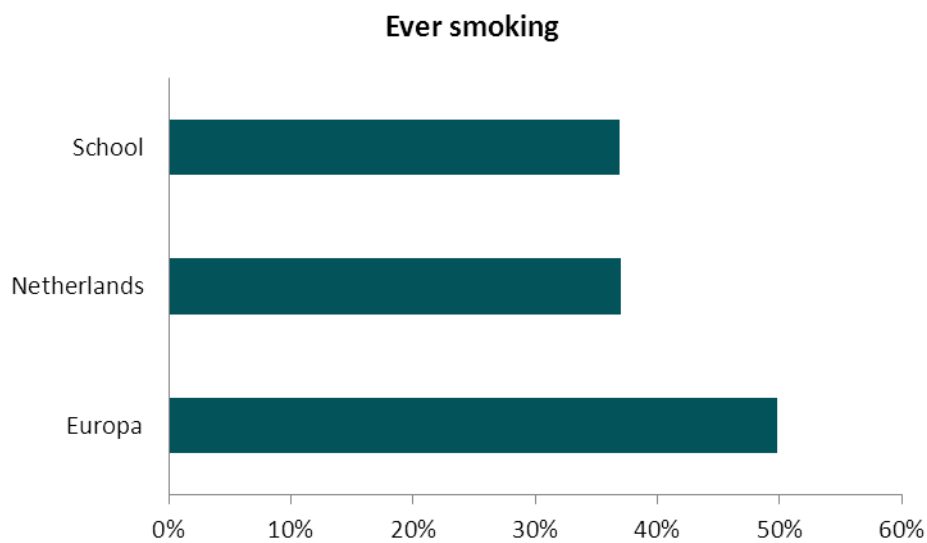
In the following two years we aim to use the collected data to perform various studies contributing to a better understanding of smoking in young people, and the factors influencing them. Results from the SILNE project will not only be published in scientific journals, but can also be read on our project website (<http://silne.ensp.org/>). Our website also provides more information on the project and the project partners.

## 2. Results for your school

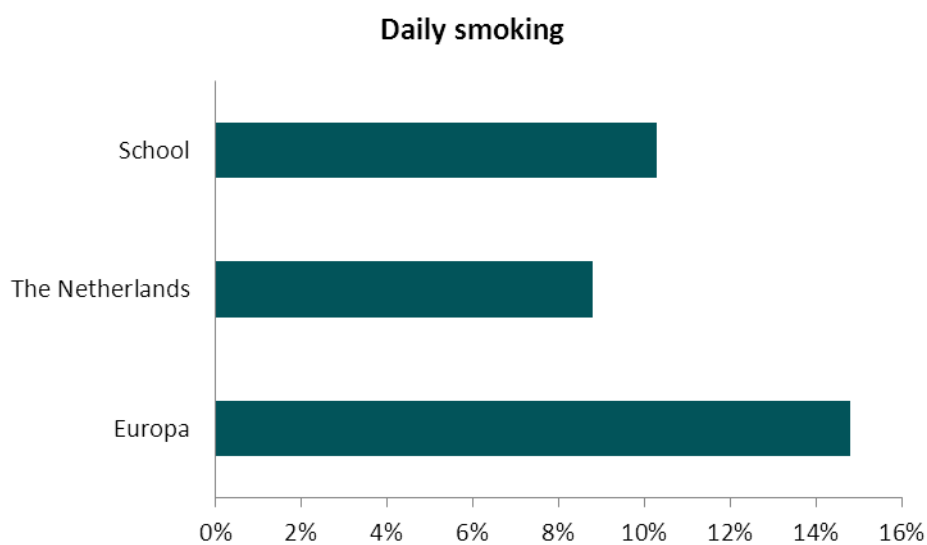
The key results from the survey are presented in a series of graphs. In these graphs you can easily see how your school scores compared to other schools. More detailed information and exact numbers may be found in part 3, where a large table of results is presented.

### 2.1. Smoking behaviour of students

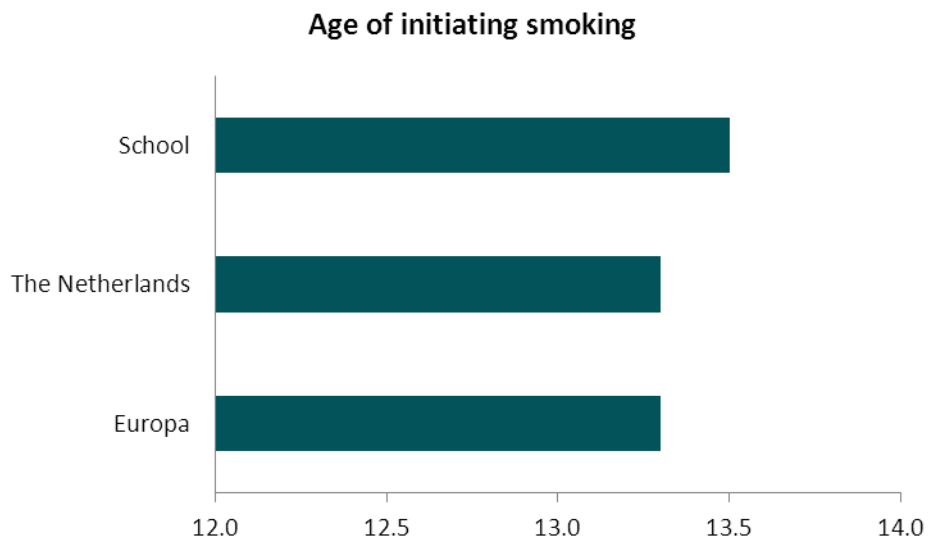
#### 2.1.1. Percentage students that has ever smoked, even i fit were a few puff



#### 2.1.2. Percentage students smoking at least one cigarette per day

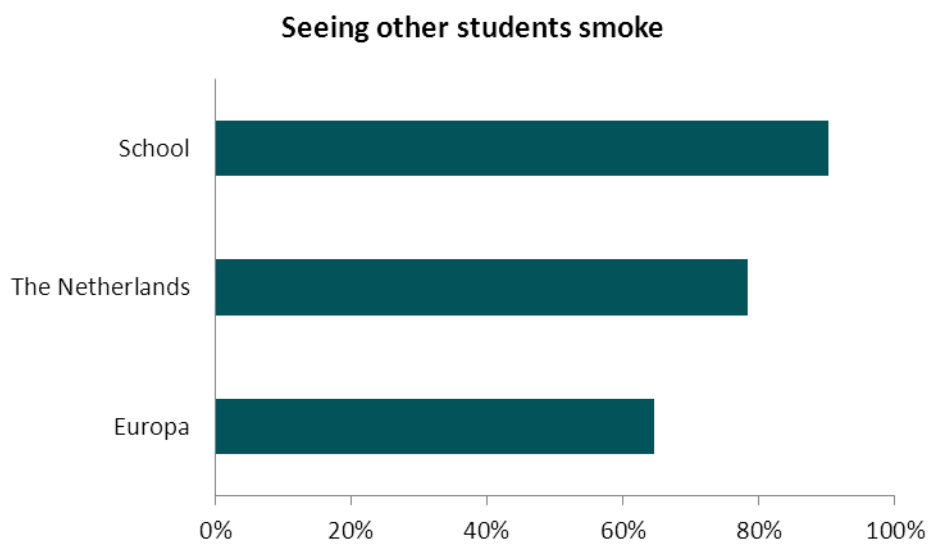


### 2.1.3. Mean age of initiating smoking

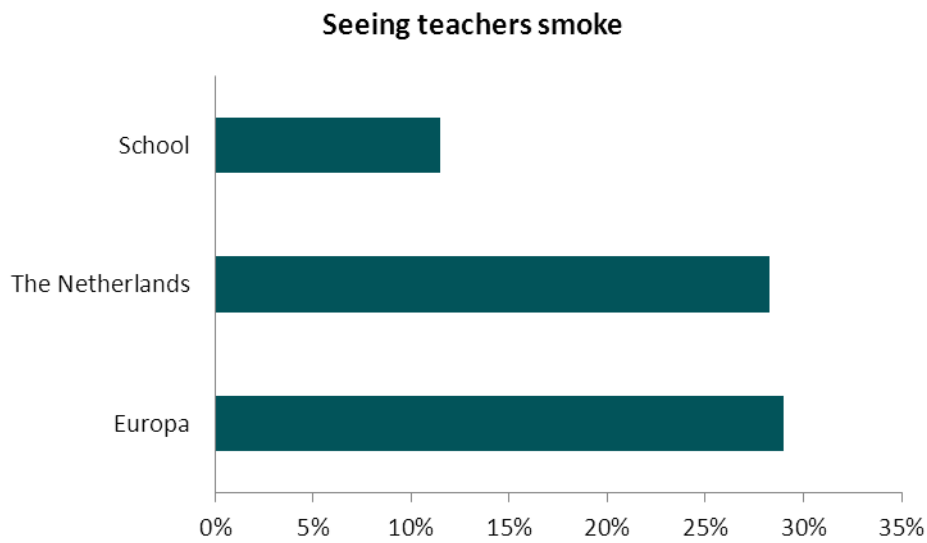


## 2.2. Smoking in the school setting

### 2.2.1. Percentage students that sees other students smoke in the school setting

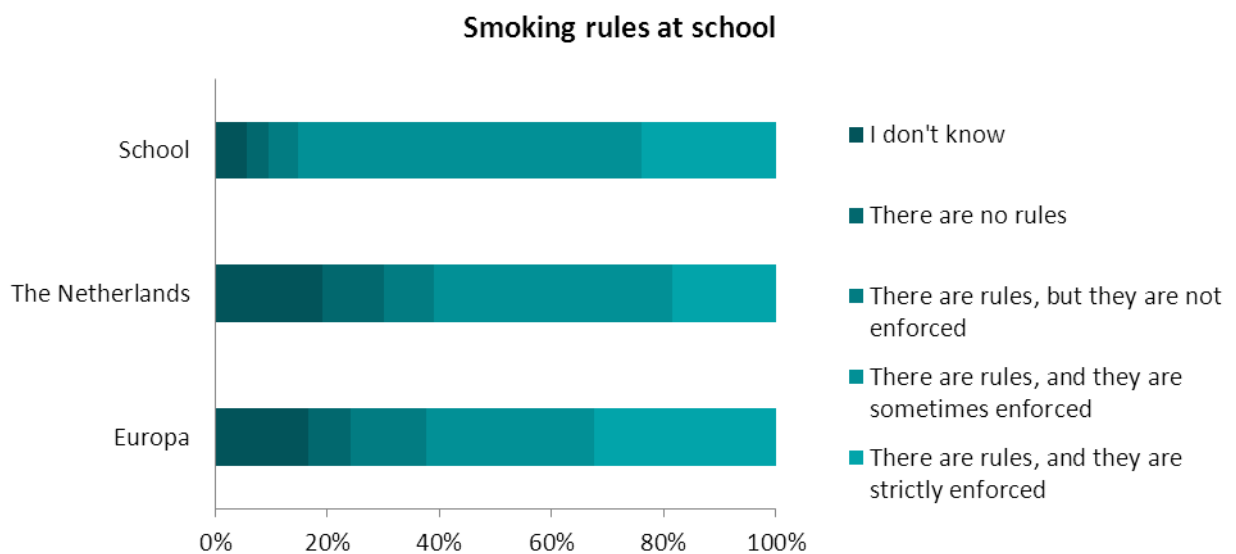


### 2.2.2. Percentage students that see teachers smoke in the school setting



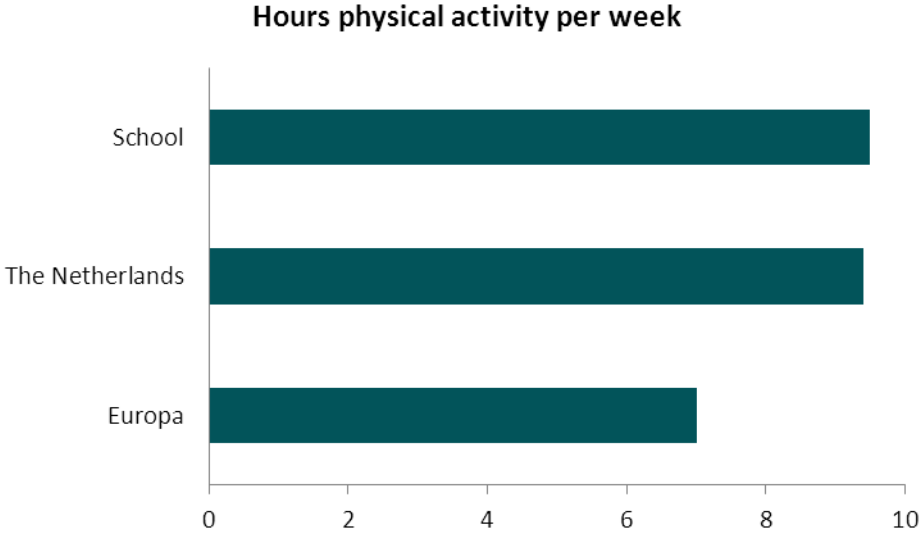
### 2.3. Perception of schools smoking policy

#### 2.3.1. Students' perception of school smoking policy

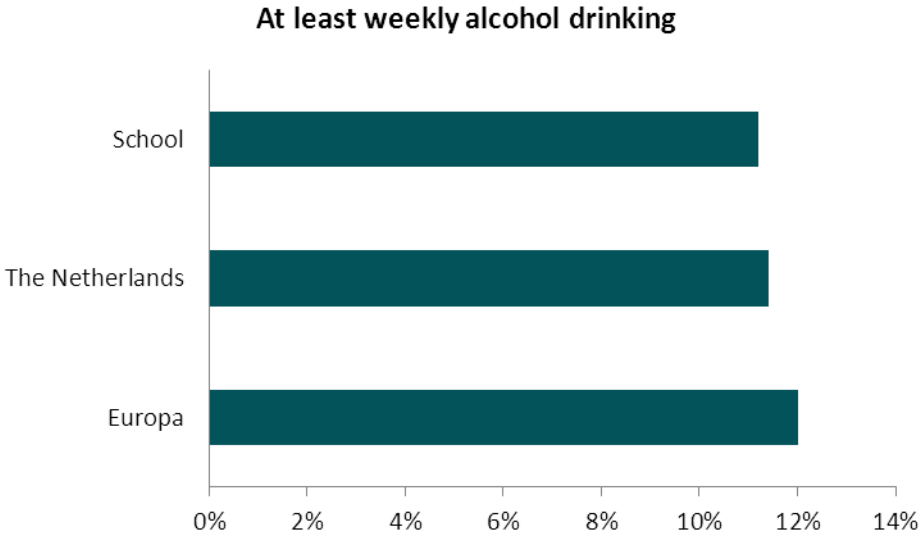


**2.4. Other health related behaviour**

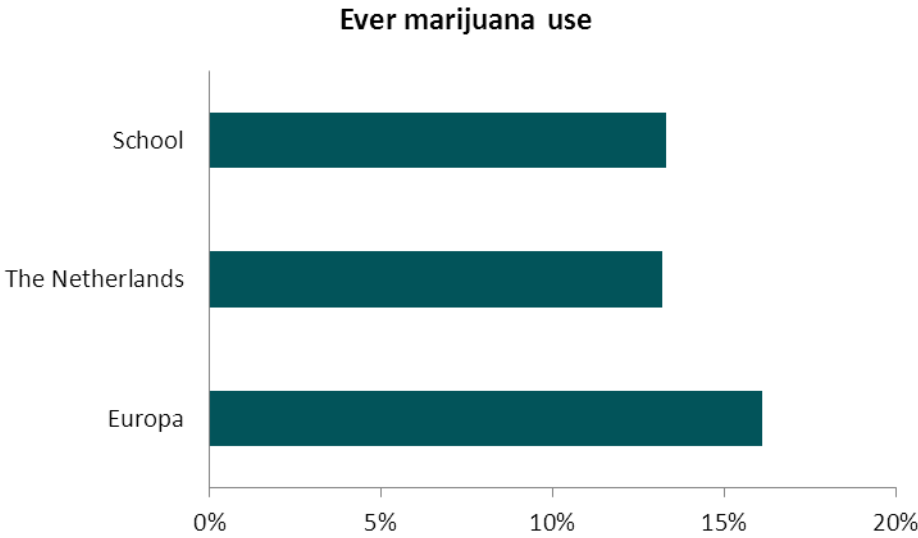
**2.4.1. Mean hours per week of physical activity per week**



**2.4.2. Percentage students that drinks alcohol at least once a week**

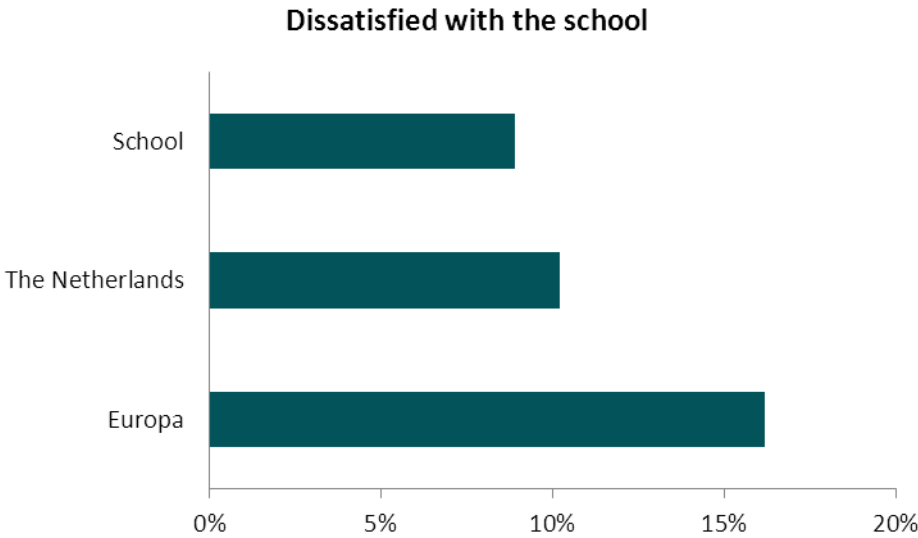


**2.4.3. Percentage students that have ever used marijuana**



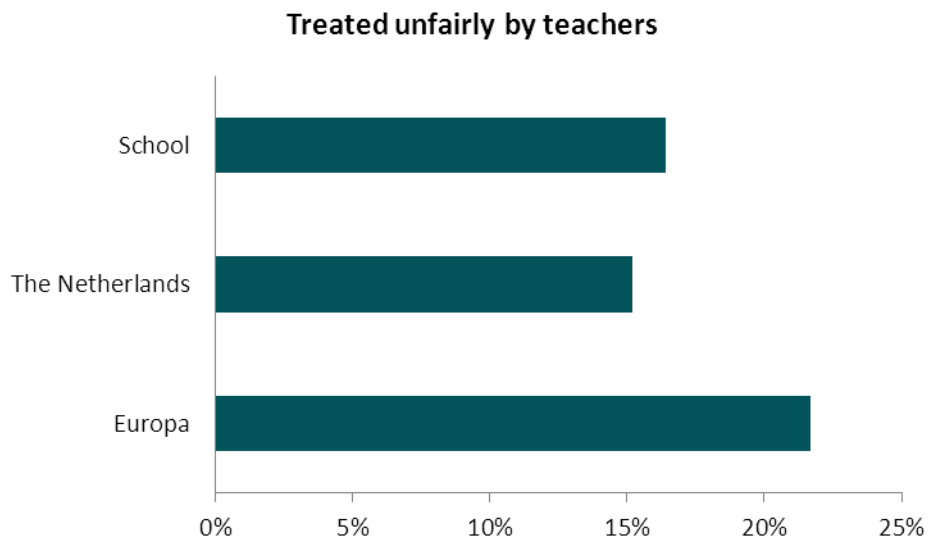
**2.5. Social climate at school**

**2.5.1. Percentage students that is not happy to be at this school**

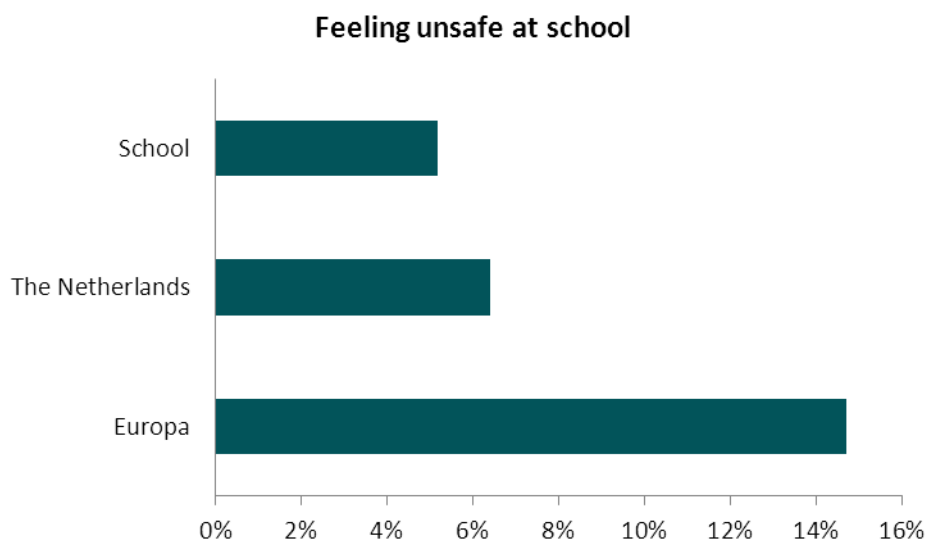




**2.5.2. Percentage students that feels unfairly treated by teachers**



**2.5.3. Percentage students that feels unsafe at school**



### 3. Overview of all results of the student survey, compared to the Netherlands and Europe.

Question <sup>a</sup>	Topic	Unit of measure	School	Nederland	Europa
1	Age	Mean age	14.7	15.0	15.2
2	Gender	% girls	52.1	50.2	51.9
3	Country of birth	% non-native	8.0	5.9	6.8
5	General health	% good or very good	88.5	89.6	89.5
6	Long-term illness	% yes	16.3	19.7	20.4
7	Transport to school	% walking/cycling	96.9	88.9	41.2
8	Physical activity	Hours per week	9.5	9.4	7.0
9	Alcohol use	% none or a sip	54.8	51.3	47.3
9	Alcohol use	% at least weekly	11.2	11.4	12.0
10	Age initiating alcohol use	% younger than 14	20.2	18.3	24.3
11	Binge drinking	% never or less than monthly	70.5	73.9	74.9
11	Binge drinking	% at least weekly	7.1	5.8	5.7
12	Marihuana use	% ever use	13.3	13.2	16.1
13	Smoking	% ever smoked	36.9	37.0	49.8
14	Age initiating smoking	% younger than 15	79.7	72.8	76.2
15	Number of cigarettes smoked	% 50 cigarettes or more	36.7	32.4	38.0
16	Smoking in past 30 days	% at least daily	28.1	23.8	29.6
17	Quitting smoking	% quit or tried quitting	40.0	35.1	41.8
18	Not smoking if it is banned	% difficult or very difficult	17.8	27.6	17.8
23	Where student smokes	% school premises or just off premises	29.8	25.2	35.7
25	Source of cigarettes	% bought by student <sup>b</sup>	22.7	22.3	26.8
26	Attitude friends on smoking	% disapproving <sup>c</sup>	8.5	15.9	23.0
27	Reaction parents on smoking	% pretty upset or very upset	37.5	34.3	62.2
28	Will you smoke?	% definitely not	76.9	81.2	76.1
29	Difficulty obtaining cigarettes	% fairly difficult or very difficult	41.2	34.5	37.2
30	Attitude friends non-smokers	% disapproving <sup>c</sup>	72.7	75.9	70.3
31	Attitude parents non-smokers	% pretty upset or very upset	3.8	5.0	2.2
32	Smoke an offered cigarette?	% definitely not	59.4	61.4	54.2
33	Smoking of best friends	% None of them	44.0	50.0	30.7
34	Birth country mother	% country of residence	85.2	87.4	83.9
35	Birth country father	% country of residence	87.2	86.9	83.2
36	Educational level father	% highly educated <sup>d</sup>	60.3	55.9	
37	Educational level mother	% highly educated <sup>d</sup>	56.7	48.9	
38	Work status father	% working	93.8	94.4	89.6
40	Work status mother	% working	89.2	80.6	75.3
43	Language used at home	% language of country of residence	96.6	96.1	94.2
44-48	Family Affluence Scale <sup>e</sup>	% FAS score of 6 or higher	91.4	87.2	69.8
49	Position on the ladder <sup>f</sup>	% higher than 7	86.5	80.7	59.7
50	Pocket money	% more than 20 euros	62.0	68.3	52.9
51	Smoking behaviour parents	% one or more smoking parents	21.1	22.4	31.0
51	Smoking behaviour siblings	% smoking sibling(s)	10.2	14.6	16.5
52	Smoking rules at home	% smoking nowhere allowed	60.2	62.1	51.8
54	Academic achievement	% 7 or higher	46.0	40.4	41.9
55	Studying 1	% twice a month or more often	46.3	46.8	49.9
55	Studying 2	% twice a month or more often	35.5	39.0	40.8
55	Studying 3	% twice a month or more often	27.7	33.7	49.3
56	School work 1	% disagree	48.8	46.1	44.9
56	School work 2	% disagree	34.6	33.1	38.5
56	School work 3	% disagree	45.0	46.1	46.5

57	Good friends at school	% agree	95.8	95.7	86.5
57	Belong to the school	% agree	93.7	90.6	83.9
57	Happy to be at this school	% agree	91.1	89.8	83.8
57	Treated fairly	% agree	83.6	84.8	78.3
57	Feeling safe at school	% agree	94.8	93.6	85.3
58	Seeing other students smoke	% often or always	90.3	78.4	29.0
59	Seeing teacher smoke	% often or always	11.5	28.3	64.6
60	Perceived % smokers at school	% more than 70%	8.5	8.4	34.8
61	Smoking rules at school	% none	4.1	13.5	8.9
62	Smoking is harmful	% definitely yes	91.4	88.8	82.8
63	Second hand smoke is harmful	% definitely yes	62.9	62.9	62.5
64	Expectation future good health	% I certainly believe this	42.6	44.0	32.3
64	Expectation long life	% I certainly believe this	35.2	35.5	27.2
64	Expectation healthy diet	% I certainly believe this	42.0	37.3	27.2
64	Expectation physical activity	% I certainly believe this	53.9	51.2	43.2

- a. The numbers correspond with the numbers of in the questionnaire in the appendix.
- b. Bought in a shop or from a vending machine.
- c. Independent of friends wanting to stay friends if the student would smoke.
- d. Comparison to Europe was not possible due to differences in educational systems.
- e. The 'Family Affluence Scale' (FAS) is a scale that measures the degree of wealth of a family. The scale ranges from 0 to 9 and a score higher than 6 is considered a high degree of wealth.
- f. Question 49 visualises the McArthur scale for subjective social status, where a high sport on the ladder represents a high social status of the family.

## 4. Appendix – Student questionnaire

